



BROWNSTONE BROOKLYN

Covid-19 Resource Guide

OVERVIEW & PURPOSE

In this unprecedented time, we recognize many people find themselves with unexpected challenges. Below you will find a consolidated list of Brooklyn resources so you, your family, and your friends can access support easily and quickly.*

FOOD NEEDS

INVISIBLE HANDS DELIVER

A network of 10,000 volunteers is available to pick up groceries, prescriptions, and other necessities and deliver to your door for free. Individuals pay cash or call to pay the store directly. This is available throughout the five boroughs and the greater NYC area. To learn more click [here](#).

CHiPS

CHiPS is operating a community pop up located at 200 4th Avenue for anyone looking to receive food. The pop up is open every day 11:00 am – 1:00 pm and provides non-kosher food, individually packaged to-go meals. To learn more click [here](#).

CROWN HEIGHTS JEWISH COMMUNITY COUNCIL

CHJCC food pantry, which provides kosher food to the community, is located at 388 Schenectady Avenue (rear entrance of 899 Montgomery Street). Open weekly on Wednesdays 1:30 – 3:00 pm. To learn more click [here](#).

COMMUNITY FRIDGE

Two community refrigerators, one located at 133 Van Buren Street in Bed-Stuy and the other at 190 Knickerbocker Avenue in Bushwick, are accessible to the public 24 hours a day and offer free vegetarian food. To learn more click [here](#).

EMPLOYMENT

NEW YORK STATE — UNEMPLOYMENT BENEFITS

New York State is waiving the seven-day waiting period for unemployment insurance benefits for people who are out of work because of Covid-19 closures or quarantines. To learn more click [here](#).

METROPOLITAN COUNCIL ON JEWISH POVERTY

Met Council is providing a free call with a crisis caseworker and other resources to those who have lost jobs or income because of Covid-19. To learn more click [here](#).

NEW YORK LEGAL ASSISTANCE GROUP (NYLAG)

NYLAG is providing free financial counseling from a certified financial counselor. Legal services include your Covid-19 rights in the workplace, housing, and eviction. To learn more click [here](#).

MENTAL HEALTH

RUACH: EMOTIONAL AND SPIRITUAL SUPPORT

Jewish therapists, social workers, rabbis, and chaplains are providing free emotional support to community members during the pandemic. Those looking to be counseled fill out a form to be paired with a provider who will call them for a 30-minute phone session. To learn more click [here](#).

JEWISH BOARD OF FAMILY AND CHILDREN'S SERVICES

Covid-19 has introduced more uncertainty into our lives. To help address these unprecedented challenges, The Jewish Board is offering a virtual community connections series — free, online sessions for anyone. To learn more click [here](#).

OHEL

For those in crisis or with mental illness, OHEL provides support for the mental health and emotional needs of families and individuals of all ages. OHEL is providing remote crisis counseling during the Covid-19 pandemic. To learn more click [here](#).

MENTAL HEALTH (CONTINUED)

[T'SHUVAH CENTER](#)

T'Shuvah Center provides addicts of all kinds with the opportunity to build a community for recovery using a model that integrates Jewish wisdom, text, and ritual, psychotherapy, the 12-Steps, and spirituality. To learn more click [here](#).

[NYC COVID CARE](#)

A volunteer network of support for essential workers and their families, this emerging, self-organizing network is offering free support from volunteer mental health professionals, spiritual care providers, and stress-reduction experts. To learn more click [here](#).

SPIRITUAL WELLBEING

[HEADSPACE](#)

NY State is offering free access to Headspace mindfulness and meditation resources. To learn more click [here](#).

[INSTITUTE FOR JEWISH SPIRITUALITY](#)

Institute for Jewish Spirituality has daily Torah study, daily online meditation, and other online offerings. To learn more click [here](#).

YOUNG FAMILIES

[PJ LIBRARY](#)

As the Brooklyn community seeks to lower the impact of Covid-19, many families are spending a lot of time at home with their kids. Check out PJ Library for ways to stay busy and have fun at home. To learn more click [here](#).

[BROOKLYN PUBLIC LIBRARY](#)

The BPL is offering a wide range of virtual opportunities for kids of all ages including story time, musical performances, and yoga. To learn more click [here](#).

VOLUNTEER

[REPAIR THE WORLD BROOKLYN](#)

Covid-19 is impacting all of us. Repair the World Brooklyn has opportunities to volunteer and gather virtually, as well as select in-person volunteer opportunities that follow strict social distancing guidelines. To learn more click [here](#).

[BROOKLYN MUTUAL AID GROUPS](#)

Join a mutual aid network in your neighborhood and volunteer to help fellow neighbors in need with things like grocery shopping. To learn more click [here](#).

ADDITIONAL RESOURCES

[HEBREW FREE LOAN SOCIETY](#)

The Covid-19 Financial Impact Loan Program provides interest-free loans of \$2,000 to \$5,000 to residents of New York City's five boroughs, Westchester, or Long Island who are facing financial challenges caused by the Covid-19 outbreak. To learn more click [here](#).

[HEBREW FREE BURIAL SOCIETY](#)

(Call 212.239.1662 — phone is answered 24/7 for burial calls)

HFBA is dedicated to assuring that every Jew in the greater New York area, regardless of financial means or religious affiliation, receives a dignified, traditional funeral and burial.

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